

Girls Track and Field Sign Up



“To give anything less than your best is to sacrifice the gift”

Steve Prefontaine



Head Coach: Coach Allen, Coach Ragsdale

Coaches: Coach Cox, Coach Cover, Coach Yager, Coach Zachary Pike, Coach Jones, Coach Mashburn

First Practice will be February 12th from 7:00am - 8:15am, meet in the cafeteria at 6:45am.

Sports You: sportsyou.com - Click Get Started and enter your email - Confirm Your Email - Enter Access Code - LBAP-F5SB to receive Cain Track and Field announcement and reminders.